

# **EASY, ENJOYABLE SPEAKING: SIMPLE STUTTERING TREATMENT FROM AGES 2 TO 21**

Stephen Groner, MS, CCC-SLP

## **Our Rip-Roarin' Roadmap**

8:30 am: Introduction and Important Stuttering Specs

9:45 am: How to Assess Stuttering Easily and Create Goals Awesomely

11:15 am: Lunch

12:45 pm: How to Treat Stuttering in Preschoolers

2:00 pm: How to Treat Stuttering in School Age and Up

3:00 pm: Fin

## **Introduction**

### **Stuttering Specs**

What is stuttering?

## What causes stuttering?

1. Your genes mean that **your brain has a harder time** making precise speech timing signals.



3. ...**overtaxes** your weakened timing system...



2. When the **difficulty** of what you're saying...



4. ...**stuttering** occurs.



5. The line of when your brain will get **overtaxed** moves based off how **stimulated** or **stressed** you are.



## **How to Assess Stuttering Easily: The Four "F's"**

1. Fluency

2. Feelings

3. Familiar People

4. Functional Impact

## **How to Create Goals Awesomely**

## **How to Treat Stuttering in Preschoolers to Age 7**

## **How to Treat Stuttering in School-Age and Up**

**Fin**